

# Sea Bream with Tarragon Mustard Sauce



Pan-seared Sea Bream with a creamy tarragon mustard sauce, along with grilled asparagus and mixed rice blend.

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## **Heating Instructions:**

Remove items from the fridge 30 - 45 min prior to heating. Place the Sea Bream in a 425° oven for 7 - 10 min, depending on how well you prefer it cooked.

Potatoes can be heated in the oven at the same time.

Vegetables are pre-seasoned and can be sauteed on the stovetop to finish them

\* all times are approximate, as all ovens are slightly different. Convection mode is recommended.