

# Herb Crusted Salmon



Herb & mustard seed crusted salmon, steamed broccoli & cauliflower along with mixed rice scallions blend.

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## Heating Instructions:

Remove salmon from the fridge 30 min prior to placing it in a 425° oven for 8 - 12 min.

Vegetables and rice can be warmed in the microwave. Alternately you can also sauté the vegetables.

\* all times are approximate, as all ovens are slightly different. Convection mode is recommended.