

Chicken Piccata



Crisp coated tender chicken with lemon caper sauce. served with tomato scented scallion rice and charred garlic rapini.

Heating Instructions:

Preheat oven to 375°, all items out of the fridge 15 - 20 min prior to placing chicken in the oven for 12- 15 min.

Sauce can be heated in a small sauce pan, do not boil.

Rice can be reheated in the microwave.

Sauté vegetables in a pan on the stove.

* all times are approximate, as all ovens are slightly different. Convection mode is recommended.